



Wasatch Citizen Series race #3

White Pine Farm, Park City, UT Saturday, January 28 10 A.M. for kids, adults about 10:20 A.M. 10K, Classic. Shorter for youth, novice Interval start

https://utahnordic.org/wcs/

Forecast/Conditions: Overnight low in the upper teens, temperature at start about 25, cloudy skies. There is the possibility of a few inches of new snow on Friday and during the race. Expect packed powder and a soft track.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 thin layers of Nordic GripWax Blue, corking between layers. If this feels draggy while skiing warming up, cover with a thin layer of Nordic GripWax X-Cold to speed up the glide.

Structure: A cold universal stone ground structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Barry Makarewicz, Toko Tech Team member since 2000. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the

procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes

(Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application

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